

Monday

Tuesday

Wednesday

Thursday

Friday

3

Chicken Lo Mein*
Peas and Carrots
Pears

4

Hamburger
Whole Grain Bun*
Green Beans
Applesauce

5

Chicken Enchilada Hot Dish*
Corn
Orange

6

Pizza
Salad
Banana

7

Turkey and Cheese on a Bun*
Baby Carrots
Pineapple

10

Italian Chicken and Rice*
Mixed Vegetables
Peaches

11

Salisbury Steak
Whole Grain Bread*
Mashed Potatoes
Fruit Cocktail

12

Chicken Taco
Whole Grain Tortilla*
Corn
Apple

13

Mac and Cheese*
Peas
Cantaloupe

14

Chicken Patty*
Whole Grain Bun*
Green Beans
Banana

17

Beef Taco
Whole Grain Tortilla*
Corn
Pears

18

Ring Bologna and
Scalloped Potatoes
Whole Grain Bread*
Mixed Vegetables
Applesauce

19

Chicken Teriyaki and Rice*
Peas and Carrots
Orange

20

Pizza
Salad
Banana

21

Meatball Penne*
Cucumbers
Pineapple

24

Cheesy Chicken and Rice*
Green Beans
Peaches

25

Turkey
Whole Grain Bread*
Mashed Potatoes
Fruit Cocktail

26

Meatball Sandwich
Whole Grain Bun*
Corn
Apple

27

Pizza Hot Dish*
Peas
Honeydew

28

BBQ Chicken
Whole Grain Bun*
Baked Beans
Banana

31

Spaghetti*
Mixed Vegetables
Pears